

Partnership in Action

Alafia is based at the Reading Council for Racial Equality and is funded and actively supported by Reading Borough Council (Social Services and Education).

Alafia works closely with a range of statutory and voluntary agencies, locally and nationally.



Further Information

If you would like more information about Alafia, please get in touch with:

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This contact could be followed by a telephone call and a home visit (with the permission of the family concerned).



LOTTERY FUNDED



READING COUNCIL
FOR RACIAL EQUALITY

Alafia

Health & Disability

Promotes race
equality in health and
social care

Promotes action and support for the carers of minority ethnic young people and children with disabilities (0-25)

Do you ...

- Have a child with special needs?
- Sometimes find it hard to cope?
- Look for help and support in dealing with agencies?
- Feel alone, and want someone to talk to?
- Want more information about services available to children with a disability?
- Sometimes feel like you need a break from caring?

If so, Alafia can help ...

We offer:

- Help, information & advice on disability issues
- One-to-one support for carers
- Alafia Parent Support Group
- Family outings and trips for carers

Assistance

Lifeskills

Awareness

Friendship

Independence

Access

Aims of the Project

- To influence policy and practice to address the health needs of black and ethnic minority communities.
- To work in partnership with health and social care service providers and other relevant practitioners in order to improve service delivery to black and minority ethnic communities.
- To provide direct support, information, advice and advocacy to black and minority ethnic families caring for children or young people aged 0-25 who have disabilities.
- To give information to families about existing services and facilities.
- To identify the needs of black and minority ethnic families and highlight them to service providers.
- To sustain the development of use groups and activities for Alafia families.